

# Joseph Feeds His Family



Genesis 45:3-11, 15



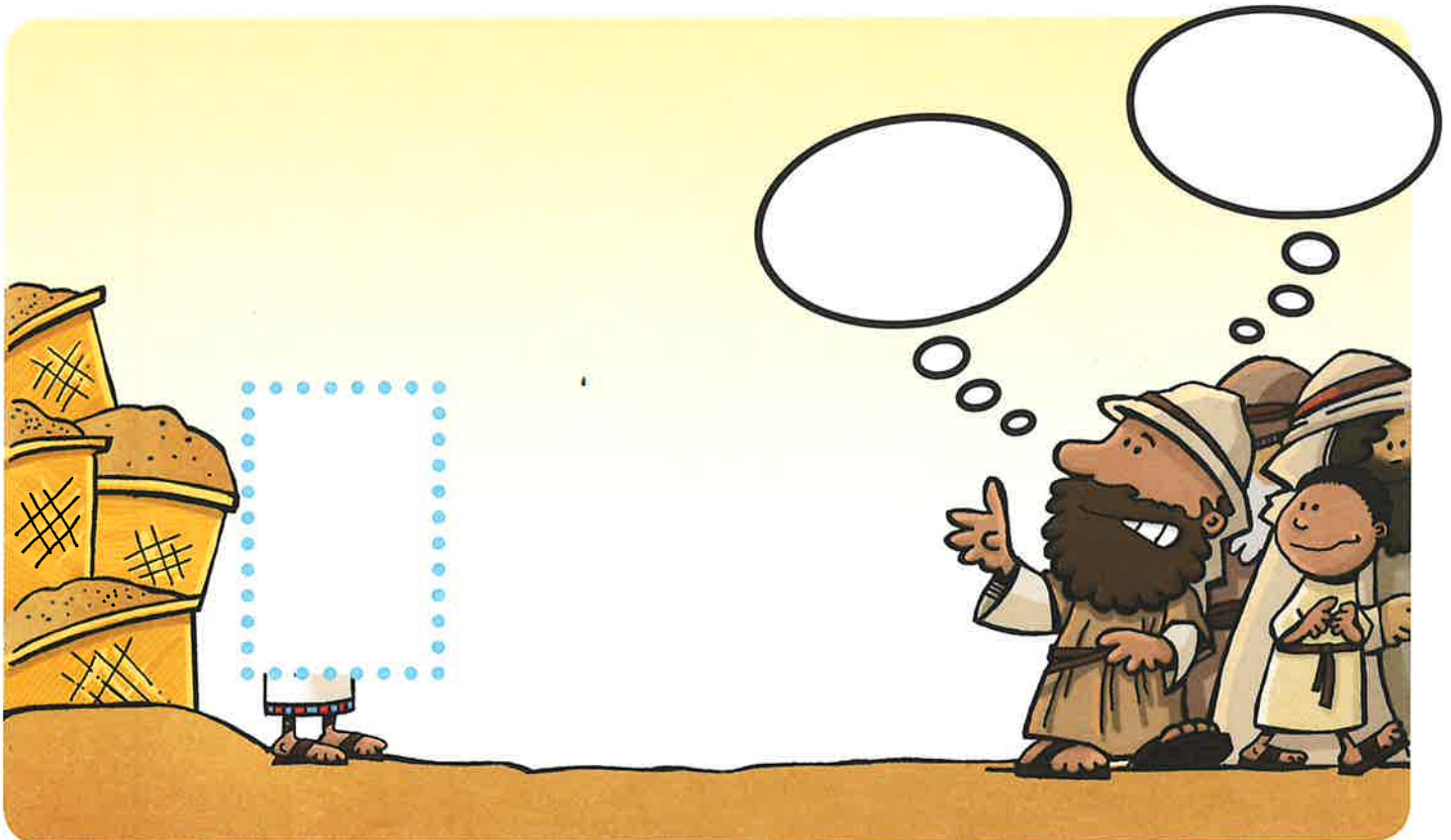
Epiphany 7

Name \_\_\_\_\_

Like **Joseph**, we can feed **God's family**.

## Hungry Brothers

What are Joseph's brothers thinking about?  
Who helped them by giving them food?



Today's story, Joseph Helps His Family, is from the Old Testament book of **Genesis**. Genesis is the **first** book of the Bible. Genesis means **beginning**.

# Good-for-You Food

Write down or draw the good-for-you food you ate today.



## **Nutrition Facts**

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TRY IT!

# Family Dinner

Joseph's family is reunited and they're ready to eat dinner together. But their table is empty! Fill the dinner table with a variety of foods by asking five people in your group for one idea each. Then draw the ideas on the table.



Faith  
on the Go!

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# Famine Facts

Joseph's family lived when there was a famine. Today many of God's family live in places with famine. Let's figure out what we can do to help. Look at the photos. Read the facts. Which one tells us something we can do to help?



40% of food in the United States of America is thrown away.



Food waste fills up the most space in landfills.



Wasted food could feed 25 million people.



Buy only what you need. Eat what you buy.

## We can feed God's people!

To: \_\_\_\_\_ From: \_\_\_\_\_ Date: \_\_\_\_\_

### I want to:

- Tell you about Joseph finding his family.
- Find out about family I don't know.
- Feed God's family with fun food.
- Fill up a grocery bag with food to donate to a food shelf.
- Find out more about how to feed hungry people.

- Begin a kitchen compost instead of wasting food.
- Invite you to church.
- Give you a big hug.
- Say "I'm sorry."
- Pray for you.
- My own idea: \_\_\_\_\_